**2019 Marathon Application**

Thank you for reaching out to LCF about securing a place in the

2019 Virgin Money London Marathon. Funds raised by our runners

go to the London Community Foundation, we work to ensure London

is a more vibrant and strong place for everyone.

**Title:**

**First Name:**

**Last Name:**

**Email address:**

**Date of birth:**

**Home Address:**

**Postcode:**

**Home Tel:**

**Mobile:**

**Twitter handle *(optional):***

**Occupation: Employer:**

**Name on running vest:**

**Running vest size (please see size guide on third page):**

**Choose:Unisex\_\_\_ Ladies \_\_\_**

**Please Indicate size: XS\_\_\_ S\_\_\_ M\_\_\_ L\_\_\_ XL\_\_\_ XXL\_\_\_**

**Have you taken part in a marathon before?** (Please indicate) Yes\_\_\_ No\_\_\_

**Have you applied for the official ballot?** Yes\_\_\_ No\_\_\_

**What has motivated you to run for The London Community Foundation?**

**Have you raised money for a charity before?** Yes\_\_\_ No\_\_\_

**If yes, please give details of what you did and how much you raised (as much detail as possible):**

**Please tell us about how you plan to raise the minimum target of £2000, giving as much detail as possible. (**Remember: fundraising does not just consist of asking people to sponsor you.)

**Is your employer likely to help your sponsorship efforts?** Yes\_\_\_ No\_\_\_ Unsure\_\_\_

**If yes, please indicate:**

* **Matched Giving:** Yes\_\_\_ No\_\_\_
* **Donation:** Yes\_\_\_ No\_\_\_
* **Promotion (e.g. posters/noticeboards/newsletters):** Yes\_\_\_ No\_\_\_
* **Other** (Please indicate):

**Your Declaration**

By completing this registration form, I confirm that I pledge to raise at least £2,000 (excluding Gift Aid) in sponsorship money for The London Community Foundation if I am selected for a place in the Virgin Money London Marathon. The London Community Foundation is a registered charity no. 1091263.

I understand that I am participating of my own volition and at my own risk and take full responsibility for my actions prior to, during and after the Virgin Money London Marathon 2019.

The London Community Foundation cannot be held responsible for any injury sustained during the race or through any training associated with the race. Participants should seek medical advice from their GP before confirming their place.

The London Community Foundation cannot be held responsible for any injury, losses or damage caused or sustained as a result of fundraising events held in aid of The London Community Foundation.

I agree that any photographs and video footage taken by The London Community Foundation at the event can be used for publicity, promotion and/or fundraising materials.

**Signature:** **Date:**

Please return this form to sebastian.glen@londoncf.org.uk

**Running vest size guide**

**Unisex**

S - 38” Chest

M - 40” Chest

L - 42/44” Chest

XL - 46” Chest

XXL - 49” Chest

**Ladies**

XS - 34” Chest

S - 36” Chest

M - 38” Chest

L - 42” Chest

XL - 44” Chest

XXL - 46” Chest